

WTR - ARRAIAL DO CABO 2016

Relatório Geral - 21K - Feminino - SOLO FEM

| Coloc. | Num. | Nome | Idd. | Equipe | Tempo | Liquido | Ritmo | Veloc. Média |
|--------|------|------------------------------------|------|---------------------------------|----------|----------|---------|--------------|
| 1 | 570 | MARIA LÚCIA DA SILVA VITO | 34 | | 01:59:20 | 01:59:20 | 0:05:41 | 10,56 |
| 2 | 439 | MARIA SOLEDAD OMAR | 43 | EZK TEAM | 02:08:06 | 02:08:06 | 0:06:06 | 9,84 |
| 3 | 569 | ROSALIA DE CAMARGO GUARISCHI | 37 | | 02:14:26 | 02:14:24 | 0:06:24 | 9,38 |
| 4 | 576 | TATIANA MARTINS ANGERAMI | 37 | | 02:19:12 | 02:19:10 | 0:06:38 | 9,05 |
| 5 | 414 | ROSIVANIA SOARES DA SILVA | 39 | CHRISTIAN ROSA RUNNERS CLUB | 02:29:45 | 02:19:34 | 0:06:39 | 9,03 |
| 6 | 313 | CLAUDIA CRISTINA CUSTODIO PAVAM | 47 | ALBERTO CAMPOS | 02:34:50 | 02:19:35 | 0:06:39 | 9,03 |
| 7 | 498 | LUCIA FRTIZEL | 34 | STREET RUNNERS | 02:26:05 | 02:21:24 | 0:06:44 | 8,91 |
| 8 | 453 | DANIELLE CRISTINA RIBEIRO CARDOSO | 35 | LIKE ESPORTES | 02:26:04 | 02:21:27 | 0:06:44 | 8,91 |
| 9 | 491 | ISABELLA BARBIERI | 38 | EQUIPE RUNNERS RIO | 02:27:03 | 02:22:22 | 0:06:47 | 8,85 |
| 10 | 524 | NATHALIA CONDE DE CARVALHO | 27 | LOST RUNNING | 02:23:44 | 02:23:41 | 0:06:51 | 8,77 |
| 11 | 593 | KELLY MARTINS MACEDO | 31 | | 02:31:23 | 02:26:44 | 0:06:59 | 8,59 |
| 12 | 550 | NILCE MEIRE DE OLIVEIRA MARCELINO | 38 | EZK | 02:31:20 | 02:26:46 | 0:06:59 | 8,59 |
| 13 | 527 | LIDIANE SANTOS SILVA | 37 | RUN E FUN | 02:31:53 | 02:27:07 | 0:07:00 | 8,56 |
| 14 | 493 | JULIANA COELHO DE SÁ PINTO DA LUZ | 35 | SEGUE O FLUXO RUNNERS | 02:32:13 | 02:27:37 | 0:07:02 | 8,54 |
| 15 | 497 | PATRICIA FONTAINE REZENDE | 33 | STREET RUNNERS | 02:34:00 | 02:29:19 | 0:07:07 | 8,44 |
| 16 | 438 | ISABELE CARNEIRO FERREIRA LIMA | 40 | EZK TEAM | 02:34:15 | 02:29:27 | 0:07:07 | 8,43 |
| 17 | 574 | ISABEL CRISTINA FELICIANO DA SILVA | 30 | | 02:30:41 | 02:30:39 | 0:07:10 | 8,36 |
| 18 | 528 | IVANILDA LIMA DE ANDRADE | 49 | RUNNERS CHRISTIAN ROSA | 02:41:11 | 02:31:10 | 0:07:12 | 8,34 |
| 19 | 475 | BRUNA ILDEFONSO | 29 | MP RUN | 02:41:29 | 02:31:26 | 0:07:13 | 8,32 |
| 20 | 556 | LILIANE VALENÇA FONSECA | 49 | NÃO TENHO | 02:38:55 | 02:34:20 | 0:07:21 | 8,16 |
| 21 | 489 | SANDRA CANDIDA TEIXEIRA MENDONÇA | 50 | EQUIPE RUNNERS RIO | 02:34:55 | 02:34:54 | 0:07:23 | 8,13 |
| 22 | 572 | INGRID VALESCA FONSECA | 36 | | 02:55:13 | 02:40:20 | 0:07:38 | 7,86 |
| 23 | 418 | ALESSANDRA SUZANO DIZ | 37 | CMX | 02:50:49 | 02:40:40 | 0:07:39 | 7,84 |
| 24 | 510 | TATIANA SILVA DO REGO LIMA | 35 | MORONE SAÚDE BEM ESTAR | 02:45:19 | 02:40:44 | 0:07:39 | 7,84 |
| 25 | 505 | BARBARA S DE Q PEDRUCO | 39 | VB RUNNERS ASSESSORIA ESPORTIVA | 02:57:50 | 02:42:53 | 0:07:45 | 7,74 |
| 26 | 515 | LUCIA HELENA BOSCARINO DAVID | 62 | PCERJ RUNNERS | 02:47:46 | 02:43:13 | 0:07:46 | 7,72 |
| 27 | 573 | MARIANA MELO DE SOUZA | 36 | | 02:53:38 | 02:43:24 | 0:07:47 | 7,71 |
| 28 | 423 | LUCIANA CONSTANCIA ALPOIN | 35 | DEFAVERI RUNNERS | 02:54:09 | 02:43:49 | 0:07:48 | 7,69 |
| 29 | 583 | DANIELLE BRAGA DA SILVA | 35 | UPPER | 02:48:56 | 02:44:18 | 0:07:49 | 7,67 |
| 30 | 512 | CRISTIANE DOS SANTOS SILVA | 30 | RIVAS RUNNERS | 03:00:33 | 02:45:28 | 0:07:53 | 7,61 |
| 31 | 445 | SAMANTHA FILIZZOLA | 33 | FOX | 02:56:52 | 02:46:49 | 0:07:57 | 7,55 |
| 32 | 428 | SOLANGE CUNHA | 43 | EZK TEAM | 02:56:56 | 02:46:51 | 0:07:57 | 7,55 |
| 33 | 400 | MONIQUE GOMES | 28 | ACTIONS RJ | 03:02:16 | 02:47:13 | 0:07:58 | 7,54 |
| 34 | 419 | CRISTIANE MACHADO | 36 | CMX | 02:58:12 | 02:48:07 | 0:08:00 | 7,49 |
| 35 | 542 | DALVA MARIA VENTURINI | 60 | NÃO TENHO | 02:54:29 | 02:49:55 | 0:08:05 | 7,42 |
| 36 | 555 | PRIMALINI@HOTMAIL.COM | 30 | NÃO TENHO | 03:00:15 | 02:50:11 | 0:08:06 | 7,40 |
| 37 | 312 | HELOISA CRISTINA DE MORAES | 52 | ALBERTO CAMPOS | 02:55:11 | 02:50:28 | 0:08:07 | 7,39 |
| 38 | 424 | SOLANGE MARIA ARAUJO SILVA | 54 | DEFAVERI RUNNERS | 03:01:48 | 02:51:25 | 0:08:10 | 7,35 |
| 39 | 435 | ALESSANDRA VARGAS | 42 | EZK TEAM | 03:01:57 | 02:51:56 | 0:08:11 | 7,33 |
| 40 | 522 | TÁSSIA ALESSANDRA DE SOUZA FERRAZ | 34 | HAKUNA MATATA | 03:02:23 | 02:52:07 | 0:08:12 | 7,32 |
| 41 | 517 | GRAZIELA SPINELLI ZEBENDE | 34 | NÃO TENHO | 02:53:38 | 02:53:38 | 0:08:16 | 7,26 |

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| 42 | 530 | MILENE GOULART VALADARES | 44 | ASSESSORIA MÁRCIA ROSA RUNNERS | 03:08:44 | 02:53:48 | 0:08:17 | 7,25 |
| 43 | 581 | RITA VILANI VERAS | 49 | SPEED | 03:04:27 | 02:54:00 | 0:08:17 | 7,24 |
| 44 | 457 | SUZANA PEREIRA DA SILVA FERNANDES | 23 | MÁRCIA ROSA RUNNERS | 02:59:08 | 02:54:23 | 0:08:18 | 7,23 |
| 45 | 490 | JAKELINE DA SILVA SANTANA | 31 | EQUIPE RUNNERS RIO | 02:59:36 | 02:54:54 | 0:08:20 | 7,20 |
| 46 | 523 | LUCIANA VARGA | 40 | JOAQUIM FERRARI | 03:05:24 | 02:55:03 | 0:08:20 | 7,20 |
| 47 | 580 | MARIANA SANTORO CABRAL | 36 | SPEED | 03:06:34 | 02:56:07 | 0:08:23 | 7,15 |
| 48 | 442 | JOANA BIONE BOUSQUET | 35 | FILHOS DO VENTO | 03:06:26 | 02:56:13 | 0:08:23 | 7,15 |
| 49 | 539 | MARIA LÚCIA CASSIANO ARAUJO | 51 | RUN@FUN BH | 03:07:09 | 02:56:56 | 0:08:26 | 7,12 |
| 50 | 421 | ANNE KARIN DA MOTA BORGES | 38 | CMX | 03:07:15 | 02:57:03 | 0:08:26 | 7,12 |
| 51 | 529 | MARINEIDE MARIANO DA COSTA | 47 | LEVANTA POEIRA | 03:07:46 | 02:57:46 | 0:08:28 | 7,09 |
| 52 | 519 | SAMARA PLENTZ | 32 | FILHOS DO VENTO | 03:02:43 | 02:58:01 | 0:08:29 | 7,08 |
| 53 | 536 | MÍRIAM DOURADO | 42 | ACADEMIA DO CORPO | 03:08:47 | 02:58:36 | 0:08:30 | 7,05 |
| 54 | 441 | CRISTIANE OLIVEIRA DE ABREU PERRONI | 43 | FILHOS DO VENTO | 03:08:42 | 02:58:39 | 0:08:30 | 7,05 |
| 55 | 568 | ANA PAULA CORTAT ZAMBROTTI GOMES | 42 | SEM EQUIPE | 03:08:42 | 02:58:39 | 0:08:30 | 7,05 |
| 56 | 511 | SIMONE SALVATORI SCHNORR | 41 | SIMONE | 02:59:08 | 02:59:08 | 0:08:32 | 7,03 |
| 57 | 449 | VERIDIANA SASS VEIGA ROQUE | 28 | LIKE ESPORTES | 03:14:42 | 02:59:46 | 0:08:34 | 7,01 |
| 58 | 452 | LENI FERNANDES DO AMARAL VALADÃO CRISPIM | 53 | LIKE ESPORTES | 03:14:46 | 02:59:49 | 0:08:34 | 7,01 |
| 59 | 526 | NATALIA NESTAL CARVALHO | 28 | UP SPORTS CLUB | 03:10:13 | 02:59:50 | 0:08:34 | 7,01 |
| 60 | 525 | MARIANA GASPAR | 27 | UP SPORTS | 03:10:13 | 02:59:51 | 0:08:34 | 7,01 |
| 61 | 215 | FABIOLA FRANÇA DE SOUZA | 21 | MÁRCIA ROSA RUNNERS | 03:00:16 | 03:00:14 | 0:08:35 | 6,99 |
| 62 | 443 | MÁRCIA SOARES DA SILVA | 45 | FILHOS DO VENTO | 03:12:52 | 03:02:38 | 0:08:42 | 6,90 |
| 63 | 559 | ERICA DUQUE ALVES | 32 | SEM EQUIPE | 03:18:22 | 03:03:09 | 0:08:43 | 6,88 |
| 64 | 480 | JULIANA DA SILVA VILLELA BASTOS | 44 | MP RUN | 03:13:28 | 03:03:20 | 0:08:44 | 6,87 |
| 65 | 472 | FABRICIA MANOEL | 42 | MP RUN | 03:13:28 | 03:03:22 | 0:08:44 | 6,87 |
| 66 | 437 | ADRIANA ROSADO | 50 | EZK TEAM | 03:19:03 | 03:03:47 | 0:08:45 | 6,86 |
| 67 | 420 | AUDREY CINTRA | 34 | CMX | 03:16:25 | 03:06:13 | 0:08:52 | 6,77 |
| 68 | 538 | VANESSA PAREJA COELHO | 42 | UP | 03:16:29 | 03:06:16 | 0:08:52 | 6,76 |
| 69 | 448 | CARLA BOTELHO DE SOUZA | 41 | LABOFIT | 03:17:53 | 03:07:28 | 0:08:56 | 6,72 |
| 70 | 551 | NEUSA MOTTA DE FREITAS COSTA | 49 | NÃO TENHO | 03:23:01 | 03:07:56 | 0:08:57 | 6,70 |
| 71 | 431 | VIVIANE EIRAS GONSALEZ DE MACEDO PRADO | 41 | NÃO TENHO | 03:23:56 | 03:08:40 | 0:08:59 | 6,68 |
| 72 | 482 | JOSELIA MARIA DA SILVA | 47 | PONTO CORRIDO | 03:23:51 | 03:08:44 | 0:08:59 | 6,68 |
| 73 | 483 | MARCIA REGINA TORRES | 55 | PONTO CORRIDO | 03:23:50 | 03:08:46 | 0:08:59 | 6,67 |
| 74 | 541 | FERNANDA MARIA MELO GONÇALVES E SILVA | 23 | SKY ASSESSORIA ESPORTIVA | 03:18:56 | 03:08:51 | 0:09:00 | 6,67 |
| 75 | 577 | ANA LUCIA PEREIRA RANGEL | 53 | SPEED | 03:24:25 | 03:09:15 | 0:09:01 | 6,66 |
| 76 | 582 | VANESSA GONÇALVES RAMOS | 38 | SPEED | 03:19:59 | 03:09:32 | 0:09:02 | 6,65 |
| 77 | 496 | DANIELE ROMEIRO DO NASCIMENTO | 37 | STREET RUNNERS | 03:25:24 | 03:10:21 | 0:09:04 | 6,62 |
| 78 | 436 | DIANA FLETCHER | 41 | EZK TEAM | 03:25:51 | 03:10:36 | 0:09:05 | 6,61 |
| 79 | 470 | ELIANE NÓBREGA | 34 | MD RUNNERS | 03:10:46 | 03:10:46 | 0:09:05 | 6,60 |
| 80 | 552 | DANIELE EGGLE PINTO MELONIO | 32 | TARTARUGAS MANCAS | 03:15:39 | 03:11:02 | 0:09:06 | 6,60 |
| 81 | 451 | LUCINETTE SIMÕES DE MELO | 44 | LIKE ESPORTES | 03:26:06 | 03:11:10 | 0:09:06 | 6,59 |
| 82 | 579 | ELIANE CARVALHO DE SOUZA | 49 | SPEED | 03:21:58 | 03:11:30 | 0:09:07 | 6,58 |
| 83 | 534 | ALINE NUNES DE CASTRO | 36 | PERFORMANCE ASSESSORIA | 03:22:06 | 03:11:59 | 0:09:09 | 6,56 |
| 84 | 481 | GREICIELI SANTANA | 38 | PERFORMANCE ASSESSORIA ESPORTIVA | 03:22:06 | 03:12:00 | 0:09:09 | 6,56 |
| 85 | 553 | PATRICIA MONICA STELLA | 54 | SEM EQUIPE | 03:23:49 | 03:13:49 | 0:09:14 | 6,50 |
| 86 | 514 | SABRINA SASSE | 45 | RF | 03:29:20 | 03:14:09 | 0:09:15 | 6,49 |
| 87 | 450 | TANIA REIS LICHTENFELS RIBEIRO | 39 | LIKE ESPORTES | 03:24:36 | 03:14:11 | 0:09:15 | 6,49 |
| 88 | 454 | CYNTHIA ANTUNES MENEZES NOGUEIRA | 35 | LIKE ESPORTES | 03:24:36 | 03:14:11 | 0:09:15 | 6,49 |

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| 89 | 544 | MONICA PACHECO BUENO MUNIZ BARRETTO | 51 | RFSPORTS | 03:29:21 | 03:14:11 | 0:09:15 | 6,49 |
| 90 | 508 | STELIANE TEIXEIRA BRANDÃO MENDES | 45 | VICIADOS EM CORRIDAS DE RUA | 03:29:16 | 03:14:21 | 0:09:15 | 6,48 |
| 91 | 597 | FABIANA FERREIRA MACEDO | 34 | | 03:30:31 | 03:15:09 | 0:09:18 | 6,46 |
| 92 | 410 | RITA DE CASSIA FRANÇA GOMES | 42 | CHRISTIAN ROSA RUNNERS CLUB | 03:31:58 | 03:16:37 | 0:09:22 | 6,41 |
| 93 | 554 | ELAINE LANDIM GOMES | 43 | PROJETOAGORAVAI | 03:32:07 | 03:16:53 | 0:09:23 | 6,40 |
| 94 | 446 | MARIA RANATA KALACHE DE PAIVA | 39 | LABOFIT | 03:27:20 | 03:16:57 | 0:09:23 | 6,40 |
| 95 | 545 | CLAUDIA AZEVEDO ORION | 45 | FAMÍLIA ORION | 03:32:33 | 03:17:35 | 0:09:25 | 6,38 |
| 96 | 402 | SOL.GUERRA@HOTMAIL.COM | 41 | NÃO TENHO | 03:28:49 | 03:18:28 | 0:09:27 | 6,35 |
| 97 | 401 | JOANA PARGA R DE CARVALHO | 37 | WALTER TUCHE | 03:33:53 | 03:18:39 | 0:09:28 | 6,34 |
| 98 | 562 | IRACILDA DA COSTA SILVA | 55 | CHÃO DO ATERRO | 03:31:24 | 03:21:12 | 0:09:35 | 6,26 |
| 99 | 474 | MARIA CRISTINA FREITAS MATTOS | 51 | MP RUN | 03:31:42 | 03:21:33 | 0:09:36 | 6,25 |
| 100 | 422 | RITA DE CASSIA DE PAULA | 52 | DEFAVERI RUNNERS | 03:32:54 | 03:22:52 | 0:09:40 | 6,21 |
| 101 | 596 | SIMONY GOMES VEIGA | 32 | | 03:38:05 | 03:23:12 | 0:09:41 | 6,20 |
| 102 | 411 | DAIANY CAETANO VIEIRA | 41 | CHRISTIAN ROSA RUNNERS CLUB | 03:33:57 | 03:23:32 | 0:09:42 | 6,19 |
| 103 | 484 | MONICA BONFIM DE CASTRO | 45 | PONTO CORRIDO | 03:23:51 | 03:23:51 | 0:09:42 | 6,18 |
| 104 | 506 | MELISSA CTARINO | 39 | VB RUNNERS ASSESSORIA ESPORTIVA | 03:41:25 | 03:26:24 | 0:09:50 | 6,10 |
| 105 | 578 | CRISTIANE HELOISA DE SOUSA | 42 | SPEED | 03:42:14 | 03:27:04 | 0:09:52 | 6,08 |
| 106 | 549 | LIA ALMEIDA DE SOUZA | 32 | NÃO TENHO | 03:37:36 | 03:27:26 | 0:09:53 | 6,07 |
| 107 | 412 | BIANCA BARCELOS RODRIGUES | 39 | CHRISTIAN ROSA RUNNERS CLUB | 03:42:49 | 03:27:29 | 0:09:53 | 6,07 |
| 108 | 426 | JÚLIA ALVES AZEVEDO | 32 | ENERGIZER SPORTS | 03:37:43 | 03:27:41 | 0:09:53 | 6,07 |
| 109 | 533 | KARINA ROCHA DOS SANTOS | 29 | NÃO TENHO | 03:44:27 | 03:29:17 | 0:09:58 | 6,02 |
| 110 | 406 | GABRIELLA FREIRE JAPIASSU SERRAO | 31 | BLACK RUNNERS | 03:44:34 | 03:29:29 | 0:09:59 | 6,01 |
| 111 | 408 | ELISABETH GUEDES BERNARDINO | 34 | BLACK RUNNERS | 03:44:33 | 03:29:29 | 0:09:59 | 6,01 |
| 112 | 405 | ANA PAULA DA MORTA VALENTE | 41 | BLACK RUNNERS | 03:44:33 | 03:29:32 | 0:09:59 | 6,01 |
| 113 | 416 | JOYCE AMANDA DOMINGOS OLIVEIRA RODRIGUES | 27 | CHRISTIAN ROSA RUNNERS CLUB | 03:45:46 | 03:30:26 | 0:10:01 | 5,99 |
| 114 | 469 | DANIELA BARBOSA | 45 | MD RUNNERS | 03:45:30 | 03:30:30 | 0:10:01 | 5,99 |
| 115 | 433 | MARIA ALICE BARBOSA SANTIAGO | 58 | EZK TEAM | 03:46:07 | 03:30:51 | 0:10:02 | 5,98 |
| 116 | 407 | ERIKA REIS DE ALBUQUERQUE | 33 | BLACK RUNNERS | 03:45:59 | 03:30:55 | 0:10:03 | 5,97 |
| 117 | 487 | ANA CRISTINA BASTOS | 37 | PRIME FIT | 03:41:21 | 03:31:06 | 0:10:03 | 5,97 |
| 118 | 485 | TATIANA BOTELHO | 34 | PRIME FIT | 03:41:43 | 03:31:38 | 0:10:05 | 5,95 |
| 119 | 486 | THAIS BOTELHO | 34 | PRIME FIT | 03:41:44 | 03:31:38 | 0:10:05 | 5,95 |
| 120 | 466 | ELIANE SOUZA | 53 | MD RUNNERS | 03:42:15 | 03:31:55 | 0:10:05 | 5,95 |
| 121 | 473 | NICOLLY AMORIM | 24 | MP RUN | 03:42:08 | 03:32:03 | 0:10:06 | 5,94 |
| 122 | 476 | JÉSSICA ILDEFONSO | 31 | MP RUN | 03:42:08 | 03:32:03 | 0:10:06 | 5,94 |
| 123 | 463 | BETH MARQUES | 63 | MD RUNNERS | 03:37:47 | 03:33:06 | 0:10:09 | 5,91 |
| 124 | 447 | THATIANE SILVA DE BRITO | 35 | LABOFIT | 03:44:42 | 03:34:18 | 0:10:12 | 5,88 |
| 125 | 557 | DEBORA HELENA YASSUDA | 54 | SEM EQUIPE | 03:53:38 | 03:38:32 | 0:10:24 | 5,77 |
| 126 | 287 | FLAVIA COUTINHO | 35 | MD RUNNERS | 03:49:51 | 03:39:31 | 0:10:27 | 5,74 |
| 127 | 492 | ALINA SOUZA GANDUFE | 33 | SEGUE O FLUXO RUNNERS | 03:54:59 | 03:40:02 | 0:10:29 | 5,73 |
| 128 | 563 | ANA KAROLINA ALVIM DE SOUZA | 33 | NÃO TENHO | 03:44:52 | 03:40:11 | 0:10:29 | 5,72 |
| 129 | 434 | FERNANDA SANTIAGO | 34 | EZK TEAM | 03:55:28 | 03:40:13 | 0:10:29 | 5,72 |
| 130 | 430 | VALÉRIA FARIA HONAISSER | 45 | EZK TEAM | 03:55:29 | 03:40:14 | 0:10:29 | 5,72 |
| 131 | 432 | ADRIANA BRAGA DA SILVA | 42 | EZK TEAM | 03:55:28 | 03:40:14 | 0:10:29 | 5,72 |
| 132 | 429 | ELOA HONAISSER | 46 | EZK TEAM | 03:55:28 | 03:40:15 | 0:10:29 | 5,72 |
| 133 | 488 | CLAUDIA REGINA DE PAULA SOUSA VIEIRA | 43 | EQUIPE RUNNERS RIO | 03:45:16 | 03:40:34 | 0:10:30 | 5,71 |
| 134 | 504 | KELLY CRISTINA OLIVEIRA | 47 | VB RUNNERS ASSESSORIA ESPORTIVA | 03:55:50 | 03:40:49 | 0:10:31 | 5,71 |

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| 135 | 507 | ANA CLÁUDIA DADOORIN | 53 | VB RUNNERS ASSESSORIA ESPORTIVA | 03:55:50 | 03:40:51 | 0:10:31 | 5,71 |
| 136 | 561 | MIGDELACQUA@GMAIL.COM | 59 | ULTRASPORTS | 03:56:12 | 03:41:19 | 0:10:32 | 5,69 |
| 137 | 516 | GEIZA FERREIRA CELMO | 39 | EQUIPE SUPERA | 03:56:29 | 03:41:22 | 0:10:32 | 5,69 |
| 138 | 521 | DELMA DA SILVA DE OLIVEIRA CARVALHO | 50 | NÃO TENHO | 03:52:19 | 03:41:58 | 0:10:34 | 5,68 |
| 139 | 499 | ELIZA AMADEO | 38 | TDR - TEAM DOURADO RUNNERS | 04:00:01 | 03:44:42 | 0:10:42 | 5,61 |
| 140 | 501 | BIANCA BASTOS MARTINS | 26 | TDR - TEAM DOURADO RUNNERS | 04:00:01 | 03:44:42 | 0:10:42 | 5,61 |
| 141 | 495 | VALÉRIA FREITAS MAGALHÃES | 52 | STREET RUNNERS | 04:00:23 | 03:45:21 | 0:10:44 | 5,59 |
| 142 | 427 | CHRISTIANE MARTINS | 45 | EZK TEAM | 03:58:10 | 03:47:53 | 0:10:51 | 5,53 |
| 143 | 413 | ADRIANA FERREIRA DA MOTA MOREIRA | 43 | CHRISTIAN ROSA RUNNERS CLUB | 04:03:16 | 03:47:55 | 0:10:51 | 5,53 |
| 144 | 460 | FABRICIA TEIXEIRA SANTOS | 31 | MD RUNNERS | 03:58:31 | 03:48:16 | 0:10:52 | 5,52 |
| 145 | 520 | ANDREA MONTENEGRO CAVALCANTI | 53 | BOLT GIRLS | 04:05:57 | 03:50:50 | 0:11:00 | 5,46 |
| 146 | 467 | DAYSE GOMES | 28 | MD RUNNERS | 04:03:29 | 03:53:04 | 0:11:06 | 5,41 |
| 147 | 465 | ANA PAULA MOURA | 37 | MD RUNNERS | 04:05:26 | 03:55:00 | 0:11:11 | 5,36 |
| 148 | 503 | LUCIANA PROENÇA | 40 | VB RUNNERS ASSESSORIA ESPORTIVA | 04:10:52 | 03:55:53 | 0:11:14 | 5,34 |
| 149 | 518 | GIOVANA ZAROOUR | 40 | SUPERA | 03:56:27 | 03:56:25 | 0:11:15 | 5,33 |
| 150 | 458 | JOANNA AMPARO SANT ANNA | 31 | MD RUNNERS | 04:08:11 | 03:57:51 | 0:11:20 | 5,30 |
| 151 | 502 | JULIA CAVOUR | 30 | UPPER | 04:24:01 | 04:08:43 | 0:11:51 | 5,07 |
| 152 | 532 | GISELE CHAGAS DA SILVA | 40 | BLACK RUNNERS | 04:21:40 | 04:11:23 | 0:11:58 | 5,01 |
| 153 | 560 | MAYARA HENRIQUES | 21 | #NÓS4 | 04:26:44 | 04:11:33 | 0:11:59 | 5,01 |
| 154 | 478 | MÔNICA PAES LEME | 31 | MP RUN | 04:23:14 | 04:12:59 | 0:12:03 | 4,98 |
| 155 | 547 | PAULA SANT ANNA | 37 | LEGRAND RUN | 04:31:39 | 04:16:29 | 0:12:13 | 4,91 |
| 156 | 459 | JOSÉLIA RIBEIRO MELO | 36 | MD RUNNERS | 04:31:51 | 04:21:28 | 0:12:27 | 4,82 |
| 157 | 471 | ILZA MARIA DE FREITAS MACEDO COSTA | 59 | MP RUN | 04:39:52 | 04:29:27 | 0:12:50 | 4,68 |
| 158 | 462 | ELISA FARIAS | 43 | MD RUNNERS | 04:39:49 | 04:29:40 | 0:12:50 | 4,67 |
| 159 | 468 | ALINE ROCHA | 43 | MD RUNNERS | 04:48:53 | 04:33:53 | 0:13:03 | 4,60 |
| 160 | 461 | RAQUEL ARELLANO | 34 | MD RUNNERS | 04:52:39 | 04:42:15 | 0:13:26 | 4,46 |
| 161 | 464 | GABY FRUCTUOSO | 36 | MD RUNNERS | 04:53:07 | 04:48:28 | 0:13:44 | 4,37 |